

Earth

"I look to the North, to the mountains, the caves and the ravines hidden in darkness. The Earth is solid beneath my feet, I am filled with the energy of growth, of fulfillment, of permanence." - Ariendel

Winter's Slumber

Rules over: physical body, growth, the natural world, the earth, stability, foundations, material wealth, silence, introspection, self-perception, rest, renewal, (re)storing energy, creativity, metals.

Rest & Renewal

Time of day: Midnight

Season: Winter

Time of Life: Advanced Age

Astrological Signs: Taurus, Virgo, Capricorn

Tarot Correspondence: Pentacles

Type of Energy: Receptive

Basic Nature: Fertile, moist, nurturing, stabilizing, grounding, protective

Colors: Black, brown, green, earth tones

Tools: Pentacle

Spirits: Gnomes, ruled by King Ghob

Archangel: Gabriel

Wind: Boreas

Sense: Touch

Stones: Moss agate, emerald, jet, olivine, salt, black tourmaline, onyx, rock salt

Natural Symbols: Salt, clay dish of fresh soil, rocks, sheaves of wheat, acorns

Tree: Oak, pine, elm, earth mother - birch

Plants: Comfrey, ivy, grains, barley, oats, corn, rice, rye, wheat

Animals: Stag, cow or bull, snakes, bison, dogs, horses, earthworms, unicorns in their groves

Places: Caves, canyons, chasms, forests, groves, valleys, fields, farms, gardens, parks, plant nurseries, farmer's markets, kitchens, baby nurseries, basements, mines, holes.

Goddesses: Ceres, Demeter, Gaea, Mah, Nephthys, Persephone, Prithivi, Rhea, Rhiannon

Gods: Adonis, Athos, Arawn, Cernunnos, Dionysus, Marduk, Pan, Tammuz

Rituals: Money, prosperity, fertility, stability, ground-breaking, employment, introspection, divination, gathering of personal strength.

Ritual Forms: Burying, planting, making images in soil or sand, energizing crystals, feeling the stillness in stone.

Earth Represents Law, solidity, reliability, recognition of the inescapable order of things, Nature in its permanence aspect.

Farrar- Spells and How they Work

North

Air

"I look to the East where the rising sun peeks through the clouds, over the treetops, and on high plains. The winds caress me, bringing inspiration, wisdom and clear thought on a breath of Air." -Ariandel

Spring's Rebirth

Rules over: logic, intuition, wisdom, learning, theory, fertility, the breath of the body, new beginnings, starting over, planting for the future, making plans.

Germination, Bidding

Time of day: Dawn

Season: Spring

Time of Life: Infancy

Astrological Signs: Gemini, Libra, Aquarius

Tarot Correspondence: Swords

Type of Energy: Projective

Basic Nature: Flying, moving, fresh, intelligent, suspending, Sound is a manifestation of this element.

Colors: Yellow, white, chartreuse, purple/lilac, sky blue, pastels

Tools: Wand, athame, sword, censer

Spirits: Sylphs, ruled by King Paralda

Archangel: Micheal

Wind: Eurus

Sense: Smell, hearing

Stones: Imperial topaz, citrine, mica, opal, pumice

Natural Symbols: Feathers, incense smoke, fragrant flowers, eggs, seeds

Tree: Aspen, pine, maple, eucalyptus

Plants: Frankincense, myrrh, pansy, primrose, vervain, violet, yarrow, dill & other culinary herbs

Animals: Birds and insects, spiders, hawk and eagle in particular, butterflies, dragonflies, griffons

Places: Mountaintops, windswept plains, cloudy skies, high towers, airports, schools, libraries, offices, travel agencies, psychiatrists offices.

Goddesses: Aradia, Arianrhod, Cardea, Nuit, Urania

Gods: Enlil, Khephere, Mercury, Shu, Thoth

Rituals: Travel, instruction, study, freedom, knowledge, recovering lost items, beginnings, setting things in motion, starting a journey.

Ritual Forms: Tossing objects in the air, suspending tools in high places, falling light objects, visualization, positive thinking, planting seeds, blessing the earth.

Air represents Life, the principle of mind, intelligence, the left-brain, linear-logical faculty, creativity and the healing of functional disorders.

Farrar- Spells and How they Work

East

Fire

"I look to the South, the noonday sun bakes down upon the deserts, the plateaus, and the volcano's mouth. In the heat I am consumed by passion, filled with energy, healed and reborn by Fire." -Ariandel

Summer's Bright Energy

Rules Over: Heat, Passion, Energy, Healing, Purification, Joy, the spirit within us, destruction, spirit, sexual tension/sexual attraction, fertility, growing into one's potential.

Eremetic Growth

Time of day: Noon

Season: Summer

Time of Life: Youth

Astrological Signs: Aries, Leo, Sagittarius

Tarot Correspondence: Wands

Type of Energy: Projective

Basic Nature: Purifying, destructive, cleansing, energetic, sexual, forceful, healing

Colors: Red, orange, gold, white (pure heat), hot pink

Tools: Censer, sword, knife, wand

Spirits: Salamanders, ruled by their king Djin

Archangel: Ariel

Wind: Notus

Sense: Sight

Stones: Amber, obsidian, rhodochrosite, ruby, lava, garnet, fire opal

Natural Symbols: Flame, lava, heated objects, cauldron, forged metals

Tree: oak, holly, chestnut, cedar, walnut

Plants: Garlic, hibiscus, mustard, nettle, onion, red peppers, red poppies, cacti, coffee beans (stimulant)

Animals: Snakes, lions, horses whose hooves strike sparks, crickets, scorpions, ladybugs, bees, sharks, dragons, the phoenix

Places: Deserts, hot springs, volcanoes, ovens, fireplaces, bedrooms (sex), weight rooms, locker rooms, saunas, athletic fields

Goddesses: Brigit, Hestia, Pele, Vesta

Gods: Agni, Hephaetus, Horus, Prometheus, Vulcan

Rituals: Protection, courage, sex, energy, healing, strength, authority, banishing negativity

Ritual Forms: Burning or smouldering, heating, jumping a flame, candle magic

Fire represents Light, energy, drive, potency, fertilization in the organic and energizing sense, desire, the healing of organic disorders, the destruction of outworn or negative.

Farrar- Spells and How they Work

South

References: *The SpiralDance* Starhawk, 1998, HarperSanFrancisco; *SPELLS and How they Work* Janet & Stewart Farrar, 1990, Phoenix Publishing Inc.; *EARTH, AIR, FIRE & WATER* Scott Cunningham, 2000, Llewellyn Publications; *Wicca: A Guide for the Solitary Practitioner*, Scott Cunningham, 1988, Llewellyn Publications.; *Tree Medicine, Tree Magic*, Ellen Evert Hopman, 1991, Phoenix Publishing Inc.

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Water

"I look to the West, I see the reflection of the setting sun on the lakes, the rivers and the seas. The Waters swirl around me, shifting emotions, perceptions, ever changing and and renewing."
-Ariandel

Autumn's Harvest

Rules over: Emotion, Intuition, Love, Feelings, the Womb, the blood in our veins, sorrow as healing, divination, tapping into the unconscious mind, allowing ourselves to fully feel.

Promise Fulfilled

Time of day: Twilight

Season: Autumn

Time of Life: Maturity

Astrological Signs: Cancer, Scorpio, Pisces

Tarot Correspondence: Cups

Type of Energy: Receptive

Basic Nature: Flowing, purifying, healing, soothing, loving

Colors: Blues and greens of the sea, gray, indigo, black

Tools: Cup, cauldron

Spirits: Undines, ruled by King Niksa

Arc Angel: Raphael

Wind: Zephyrus

Sense: Taste

Stones: Aquamarine, chalcedony, coral, jade, lapis lazuli, moonstone, sugilite

Natural Symbols: Cup of water, seashells, sea stars, ice, scrying tools.

Tree: Ash, willow, apple, poplar, elder, hazel

Plants: Ferns, lotus, mosses, rushes, seaweeds, water lilies

Animals: Dolphins, fish, seals, whales, octopi, water creatures and sea birds, sea serpents, Nessie

Places: Lakes, springs, streams, rivers, beaches, oceans, wells, swimming pools, bathtubs, showers, bedrooms (for sleep), health spas, steam rooms, fountains

Goddesses: Aphrodite, Isis, Mariamne, Mari, Tiamat, Yemaya

Gods: Dylan, Ea, Llyr, Manannan, Osiris, Neptune, Poseidon

Rituals: Purification, love, psychic awareness, dreams, sleep, peace, marriage, friendships.

Ritual Forms: Dilution, placing into water, washing away, bathing, messages in a bottle, setting leaf boats afloat, freezing.

Water represents Love, relatedness, the right-brain, intuitive function, the cycle of death and rebirth (and therefore initiation), Nature in its cyclical-growth aspect, the formative womb and the nourishing breast

Farrar- *Spells and How they Work*

West

References: *The SpiralDance* Starhawk, 1998, HarperSanFrancisco; *SPELLS and How they Work* Janet & Stewart Farrar, 1990, Phoenix Publishing Inc.; *EARTH, AIR, FIRE & WATER* Scott Cunningham, 2000, Llewellyn Publications; *Wicca: A Guide for the Solitary Practitioner*, Scott Cunningham, 1988, Llewellyn Publications.; *Tree Medicine, Tree Magic*, Ellen Evert Hopman, 1991, Phoenix Publishing Inc.

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Spirit

"I look within myself and I see power, mystery, and potential. To find my Center is all that I need to know deity and live my life to the fullest." -Ariandel

Transcending Balance

Rules over: Transcendence, transformation, the deity within us all, all other elements in balance, seeking the mystery, the spirit that moves us, that calm space where we can renew our spirit when it is worn.

Deity Within

Also known as Akasha the immutable, changeless source of all energy.

Time of day: Beyond all time, all time is one

Season: The turning wheel

Time of Life: The cycle of life and rebirth

Tarot Correspondence: Major Arcana

Type of Energy: All

Basic Nature: Mystery, the unknown, deity within and without, the force of change

Colors: White, Silver, Purple

Tools: Cauldron

Sense: Hearing, Intuition

Stones: Quartz crystals, pearl, opal, agate, magnetite

Natural Symbols: Humanity

Tree: spirit, to hear - poplar, spiritual focus - oak, spiritual struggle - chestnut

Plants: Mistletoe

Animals: All and none; Sphinx

Places: The void, vacuums, outer space, inner mind

Goddesses: Isis, the Secret Name of the Goddess, Shekinah

Gods: Akasha, Iao, JHVH

Rituals: Self-knowledge, self-affirmation, communing with deity, seeking religious direction

Ritual Forms: Meditation, communion with nature/deity, divination

Air is the wind, the breath of creation;

Fire is the sun, the spark of creation;

Water is the oceans and rains, the blood and tears of creation;

Earth is the mountains and soil; the body of creation.

These combined with Spirit are the elements of life and magic.

- Sherry Lore

Center

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